

JUBILEE YEAR OF MERCY

(December 8, 2015 – November 20, 2016)

Catholics may receive a Plenary (Full) Indulgence by:

1. making a pilgrimage to the **“Holy Doors”** in Rome OR in a designated church,
2. being truly penitent and not be conscious of any serious sin on one’s soul,
3. receiving **Sacraments** of Reconciliation (Confession) & Eucharist (Communion),
4. saying prayers for the welfare of the Pope (*Our Father, Hail Mary and Glory be*).

What is a “plenary indulgence?”

By means of a plenary indulgence, God “removes from our souls all the **“temporal punishment”** due to (1) one’s own sins, or (2) the sins of a deceased person.

What does “temporal punishment due to our sins” mean?

God purifies us of **whatever remains of our unhealthy “attachments”** to this world.

Where are the designated **“Holy Doors”** in Manhattan?

- + St. Patrick’s Cathedral + Old St. Patrick’s Cathedral (Mott Street)
- + The Mother Cabrini Shrine (Washington Heights)